

In Awe

NEWS from BRIDGEHAVEN

OUR MISSION:

To empower choices for life through Christ-centered education and support.

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A Place to Heal



Women facing a pregnancy decision choose abortion for many reasons; a child might complicate their lives and relationships, it is just not part of their plan for the future, or they are feeling strong emotions such as fear and shame (just to name a few). If she chooses to abort her child, often times there can be an initial sense of relief. She might feel as though she has solved her problem and life can go on. However, as time goes by, women, men and others involved with the decision can experience feelings of guilt, anxiety, emotional numbness and more. In many cases, years and years after the abortion, a person can still feel the effects and see the path of pain that has followed them throughout their lives. So many people

experiencing this pain are silent. You would not know about the abortion from their past by looking at them or even getting to know them. There may not be anyone that knows and they are alone in their pain. Because there is often a reluctance to talk to anyone about what has happened, it makes it challenging to reach and help those who need healing.

Bridgehaven has offered Post-Abortion Support for many years with an eight-week class and one-on-one mentoring. We are now pleased to be offering our first Rachel's Vineyard Weekend Retreat. "Once a post-abortive woman gets past the hurdle of allowing herself to seek healing, it can still be difficult for some to continue through a multi-week class," explains Haley Brimmer, Bridgehaven Director of Client Advocacy. The weekend retreat provides an alternative that allows the person seeking healing to get away from the daily pressures of work and family to focus on a painful time in life and to begin healing.

Rachel's Vineyard Retreats started in 1995 and today there are over 1000 retreats held worldwide. Bridgehaven will host a retreat at Prairiewoods in Hiawatha over the weekend of July 22-24. A Rachel's Vineyard Retreat is a beautiful opportunity for any person who has struggled with the emotional or spiritual pain of abortion. Participants are led through a very intentional and spiritual process designed to help them experience the mercy and compassion of God. It is also an opportunity to surface and release repressed feelings of anger, shame, guilt and grief. If you or someone you love is hurting from an abortion, please call 319-364-8967 and ask for Haley or visit our website (bridgehavencr.org | *Services | Post-Abortion Recovery and Support*) for more information about this retreat.



July 22-24, 2016 at Prairiewoods (Hiawatha, Iowa)
Hosted by Bridgehaven Pregnancy Support Center

Ministry Needs:

- Diaper wipes
- Diapers and pull-ups (esp. sizes 5 and 6T)
- Baby-themed wrapping paper (for layettes)
- Instructor for English as a Second Language class
- Client Support Clerk for Mondays 2 to 5:30 p.m.
- Children's Ministry needs extra volunteers (16 years and up) for summer

To keep up on ministry needs, visit the "Get Involved" page at www.bridgehavencr.org

Special Thanks to:

- **Target** and **Hy-Vee** for their weekly donations
- **Life 101.9** for hosting a diaper drive at the Third Day Concert
- **Good Friday Prayer Breakfast** for sharing proceeds with us
- **Style Encore** for donating 20% of sales during their Ladies Night Out
- The hard-working crew from **Transamerica** who helped us inside and out during United Way Day of Caring

Honorariums & Memorials

In Memory of

- Valmah L. Patrilla
- Paul Orcutt
- James Lee Weldon
- Joanne Nelson
- Errol Montgomery
- Tom High
- Sally Sattler

Upcoming Events

June 18

Treasures Sidewalk Sale
9 a.m. to 2 p.m.

August 28

Bridgehaven Prayer Vigil
4 p.m. to 5 p.m.

October 1

In Her Shoes 5K/Walk
Thomas Park (Marion)

Banquet Report: A Dream Reborn

We are still basking in the glory of God's presence during our Dream Reborn event on Monday, May 9. We were thrilled to have 597 attendees there to hear the powerful stories of transformation that evening.

Our keynote speaker, Melissa Ohden, shared her testimony of how God saved her from the saline abortion that was meant to end her life and the journey of discovery, heartache, love and mercy she has been on ever since. So many of you have told us how inspiring it was to hear her story. If you were not able to join us that evening, we encourage you to use the information below to visit our website and watch her there.

Thank you to all who were able to join us for this amazing evening. Over \$125,000 was raised that night. We are so grateful for your time, support and love for the women, men and families that Bridgehaven serves.

Chelsey McDill, Executive Director

THANK YOU
to our 2016
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Visit bridgehavencr.org (Get Involved | Events | Banquet) to watch Melissa Ohden's keynote and other stories of transformation from our clients and see pictures of the evening.

Empower Sponsor



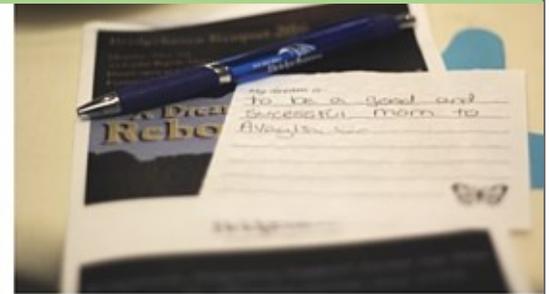
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Melissa Ohden shared the powerful story behind the abortion that was meant to end her life and the amazing ways God is continuing to write the story of her life.



Each banquet guest received a dream from a Bridgehaven client. Their encouraging responses back were written on butterflies that are now displayed in our client support area.

Bridgehaven is searching for a **Director of Development**.
Visit bridgehavencr.org | About Us | Career Opportunities
for more information.

If you would be willing to receive **In Awe** by email, please let us know! Email us at mail@bridgehavencr.org with "e-newsletter" in the subject line. Be sure to include your name and address in the message.



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