

Current Classes

Spring Block 2025

PRENATAL AND POSTPARTUM

PRENATAL

An 8-week class using the InJoy curriculum which covers pregnancy, labor, birth stories, comfort techniques, medical procedures, cesarean birth, and newborn and postpartum care. **(Appropriate at 22 weeks)**

- **TUE., 6:30 PM - 7:30 PM, FEB 25 - APR 15 -- VIA ZOOM**
- **WED., 10:00 AM - 11:00 AM, APR 9 - MAY 28**

PARENTING, RELATIONSHIPS, SPIRITUAL GROWTH, LIFE SKILLS

RIGHTEOUSNESS (AM I IN ALIGNMENT WITH GOD?)

This in-depth bible study will discuss and help answer questions about righteousness and the benefits of living a righteous life.

- **MON., 10:00 AM - 11:00 AM, MAR 24 - MAY 12**

RAISING HIGHLY CAPABLE KIDS

In this course, parents will learn about Search Institute's 40 developmental assets that are essential building blocks to help maximize their child's potential and empower the whole family.

- **MON., 10:00 AM - 11:00 AM, MAR 24 - MAY 12**

PURPOSED AND POLISHED

This study touches on a variety of personal development topics including Purpose, Emotional Intelligence, Hope and Healing.

- **MON., 5:30 PM - 6:30 PM, MAR 24 - MAY 12**

FINANCIAL LIT

Learn how to better manage your finances and make informed decisions for your future.

- **MON., 5:30 PM - 6:30 PM, MAR 24 - MAY 12**

BUY, EAT, LIVE HEALTHY

This 8-week nutritional class will provide you with new ideas for feeding your family healthy meals at a low cost.

- **TUES, 10:00 AM - 11:00 AM, MAR 25 - MAY 13**

BABY BASICS

An 8-week class covering topics such as bonding, introducing foods, teething, physical and social development, infant massage, sign language, safe ride, safe sleep practices, and baby proofing.

- **WED., 10:00 - 11:00 AM, MAR 26 - MAY 14**

HAPPY IN CHRIST

This study is based on a book by Dr. David Jeremiah and will discuss how happiness can't be bought but is found through the promises of Jesus.

- **THURS., 10:00 - 11:00 AM, MAR 27 - MAY 15**

THE BOOK OF REVELATION

Journey through the final book of the bible - Revelation. Discuss the core message of this book and get a better understanding and appreciation of the sovereign God of our past, present, and future.

- **THURS., 5:30 - 6:30 PM, MAR 27 - MAY 15**

MENTORSHIP OPPORTUNITIES

Enroll in a 1:1 mentorship, utilizing the “Journey Coaching” curriculum. See the Client Support desk for qualifications and availability.

SCHOLARSHIP OPPORTUNITIES

The Kirkwood Scholarship Foundation provides financial and emotional support for parenting college students to fulfill their educational and career goals. Applicants must be enrolled in our Earn While You Learn program for at least six months before qualifying.

Financial awards are available any time throughout the year. <https://bridgehavencr.org/support-for-parenting-students/> for application and to learn more



Scan to join
our Facebook
community.

